

# NEWSLTR

A PUBLICATION OF THE FLORIDA DEPARTMENT OF ELDER AFFAIRS

## PICTURED BELOW

K9 Stella is working hard under the tutelage of Paul Coley, CEO, Scent Evidence K9. Read more about Scent Evidence K9's new initiative, *Just Nosey Enough*, on page 3.

## DOEA's Partnerships and Initiatives

Learn about our new partnerships and initiatives during COVID-19 on page 4.



DEMENIA  
CARE & CURE INITIATIVE  
FLORIDA DEPARTMENT OF ELDER AFFAIRS

**AARP** Real  
Possibilities  
Florida

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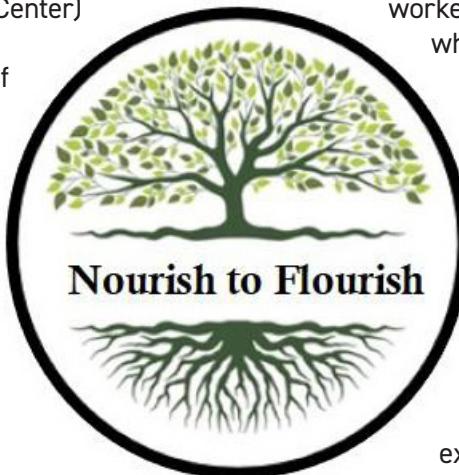
# NOURISH TO FLOURISH PROJECT: SELF-CARE AND RECOGNITION FOR SOCIAL WORKERS

By Lauren Antista, External Coordinator,  
Florida State University, College of Social Science

The FSU Center for the Study and Promotion of Communities, Families, and Children (CFC Center) teamed up with the FSU College of Social Work (CSW) and the National Association of Social Workers, Florida Chapter (NASW-FL) to launch the [Nourish to Flourish Project](#). This project was created to provide recognition, appreciation, and support to the social work profession.

Social workers around the globe are on the front lines with health workers, working hard to ensure the health and well-being of the people they serve as COVID-19 continues to impact individuals, families, and communities.

Social workers provide hope and vision within the communities where they work, all while facing the same challenges and stressors as their clients, including the recent Coronavirus pandemic. But social workers, and all workers on the front line, are at risk of fatigue and



exhaustion. This is a time for everyone to learn from each other and, hopefully, adopt new self-care habits.

The project consists of [ten videos](#) that address social workers' self-care, including learning to identify when self-care is needed and several types of self-care to engage in throughout the social work profession and community.

In the first [video](#), Dr. Jim Clark, Dean and Professor of the FSU College of Social Work, discusses the Nourish to Flourish Project launch and its purpose.

Each of the videos expresses gratitude for social workers and their expertise while also addressing self-care and the importance of self-compassion.

Social workers can create their own self-care guide by using the available online [worksheet template](#).

## FDOT SUBGRANTS

By Florida Department of Transportation

The Florida Department of Transportation [State Safety Office](#) awards subgrants to traffic safety partners that undertake priority area programs and activities to improve traffic safety and reduce crashes, serious injuries, and fatalities. Subgrants may be awarded for assisting in addressing traffic safety deficiencies, expansion of an ongoing activity, or development of a new program. Subgrants are awarded to state and local safety-related agencies as "seed" money to assist in the development and implementation of programs in traffic safety priority areas. Many types of organizations are eligible to receive subgrant funding: government agencies; political subdivisions of state, local, city, and county government agencies; law enforcement agencies; state colleges and state universities; school districts; fire departments; public emergency service providers; and certain qualified non-profit organizations (e.g., MADD, SADD, etc.).



# JUST NOSEY ENOUGH

By Scent Evidence K9

For bloodhounds like Rex, the Rescue Pup, being nosey is a very good thing! Trained K9s use their nose to find missing persons and bring them home safe. This is especially important when it comes to protecting those with Alzheimer's disease. But is it a good thing when people are nosey? For those who have been located because a neighbor noticed something strange and reported it to law enforcement, being just nosey enough is not only very good, but it can save a missing person's life.

Scent Evidence K9 CEO Paul Coley is on a mission to help communities and law enforcement agencies improve their methods of locating missing persons. One of the biggest problems facing responders is the amount of time that passes before the incident is reported. Every minute that passes can increase the distance a lost person will travel and decrease the success rate of a search. If a family member or someone you provide care for has gone missing, DON'T WAIT. Call 911 and report the incident immediately. The sooner responders are notified, the sooner they can begin searching.

Coley started the program Just Nosey Enough to help create community awareness about reporting a missing

person immediately and how looking out for your neighbors can help bring the lost home. "Florida has over 580,000 residents with Alzheimer's disease, and studies show that three out of every five people living with Alzheimer's will wander. Time is one of the biggest factors during a search for a missing person," stated Coley

## Five Easy Ways to Be Just Nosey Enough

- If someone is missing, CALL 911 immediately.
- Check your backyard or garage when someone in your area has been reported missing. Most people are found within a half mile to one mile from the place where they were last seen.
- If you see someone who needs help or is acting strange, lost, or confused, report it!
- Dress those you love and care for who are at risk of wandering in high-visibility clothing. Bright colors are easy to see.
- Stay connected with your neighbors. Use social networking to communicate quickly and know your Neighborhood Watch information.



## UPCOMING EVENTS:

### June 11

AARP Florida is holding a virtual yoga session via Zoom at 6:00 p.m. EST.

### June 18

DOEA WEAAD event is going virtual! We hope you can join us for this historic event. We will be hosting speakers from all over the state. Mark your calendars now, more details to come!

### June 20

Join the Alzheimer's Association for **The Longest Day**: a day-long event where people across the world engage in fundraising towards finding a cure for Alzheimer's Disease.

### June 26

The Alzheimer's Disease Advisory Committee is meeting. Location and time TBD.

**Just  
NOSEY  
Enough**



# DEPARTMENT OF ELDER AFFAIRS' INITIATIVES AND PARTNERSHIPS IN RESPONSE TO COVID-19

By Florida Department of Elder Affairs

The Department of Elder Affairs (DOEA) continues to engage in creative partnerships to support older Floridians. Starting in April, DOEA began delivering 1,000 MP3 players to Florida's seniors and adults living with Alzheimer's disease and related dementias (ADRD). Due to social distancing recommendations created in an effort to reduce the spread of COVID-19, it is crucial that Florida's older adults living with ADRD and their caregivers do not become socially isolated. Music may benefit caregivers and those living with dementia by reducing stress or distress, enhancing their moods, and increasing the ability to communicate effectively. Also, studies have shown music may reduce agitation and improve behavioral issues that are common in the middle-stages of the disease. Even in the late stages of Alzheimer's, a person may be able to tap a beat or sing lyrics to a song from childhood. Music provides

a way to connect, even after verbal communication has become difficult. Each MP3 player was made possible through a donation from the Florida Alzheimer's Association and was delivered directly to caregivers and families of those living with ADRD.

Additionally, DOEA has delivered over 375 therapeutic robotic pets to socially isolated seniors and adults living with ADRD. The interactive pets offer an alternative to traditional pet therapy and help combat social isolation and depression among older individuals and people living with ADRD by improving overall mood and quality of life.

If you or a loved one living with ADRD would benefit from either an MP3 player or therapeutic robotic pet, please [click here](#) to complete the request form.

Another creative initiative from DOEA is a partnership with the

Florida Department of Business and Professional Regulation (DBPR) and the Florida Restaurant and Lodging Association (FRLA) that allows the needs of the business community and workers in the restaurant business to be matched with the needs of the elderly and meal delivery services. DOEA's 11 Area Agencies on Aging throughout the state have been working with local volunteers and other local service providers to ensure meal delivery to Florida's most vulnerable population.

Senior Resource Alliance, the Area Agency on Aging that serves Seminole, Orange, Osceola, and Brevard counties, has launched its [Meals of Love](#) program and the Area Agency on Aging of Pasco-Pinellas has launched its [Dining Out at Home](#) program. The other nine Area Agencies on Aging throughout Florida are launching their own local initiatives.



Therapeutic robotic dog



Therapeutic robotic cat

# FSU'S INSTITUTE FOR SUCCESSFUL LONGEVITY LAUNCHES ZOOM INITIATIVE



*By Bill Edmonds, Communications Coordinator, Florida State University Institute for Successful Longevity*

Florida State University's [Institute for Successful Longevity](#) has launched an initiative to help older adults use the Zoom video platform to stay connected with friends and family, to access learning opportunities, and to stay engaged with their community. To help older adults who are not familiar with the Zoom video platform, the Institute offers illustrated how-to documents that take you through the steps of creating a Zoom account, joining a Zoom meeting, and scheduling meetings of your own. "Research studies suggest that about a quarter of the U.S. older adult population suffers from loneliness,

and we are concerned that this could become more widespread under the social distancing required to prevent spread of the COVID-19 virus," said Neil Charness, Director of the Institute. The Institute for Successful Longevity conducts research into how to live longer, stay active, and be fully engaged in life. Drawing on the expertise of faculty in fields across the FSU campus, the Institute takes a multidisciplinary approach to better explore the complexities of life as an older individual. "ISL's research has shown that older adults can use technology to combat social isolation," Charness said, "so we developed our Zoom guides to help people use their computers to connect with others." The how-to guides are

free to the public and can be viewed and downloaded via these links:

How to [create your Zoom account](#).

How to [join a Zoom meeting](#).

How to [schedule a Zoom meeting](#).

The Institute is also recruiting tech-savvy older adults who can assist others who have questions about the Zoom platform. If you would like to talk to one of ISL's Zoom mentors, send an email to [ISL@fsu.edu](mailto:ISL@fsu.edu). The Institute is sharing resources with the Tallahassee Senior Center to help its clients gain proficiency with the Zoom platform and also is working with residential communities for older adults.

## CERTIFIED AGING-IN-PLACE SPECIALIST

*By National Association of Home Builders*

The [Certified Aging-in-Place Specialist \(CAPS\) designation program](#) teaches the technical, business management, and customer service skills essential to competing in the fastest-growing segment of the residential remodeling industry: home modifications for the aging-in-place. The baby boom generation has many choices as this large population of potential clients for remodelers, builders, contractors, and occupational therapists consider where to live — but overwhelmingly, older adults would prefer to stay in their own homes.

The CAPS designation allows builders to provide potential clients what they need most: reassurance that the builder will help them make the choices that will help them stay in their homes safely and securely.

In addition, the CAPS designation helps make clients' homes more "visitabile." Even if the homeowners don't think they need additional task lighting, grab bars, and other home modifications for their own use, their family members and visitors might. CAPS helps builders help their clients make the right choices, and it gives builders more security in the remodeling market niche that's continuing to grow in popularity.

## AGE-FRIENDLY HEALTHCARE FOR OLDER ADULTS

Capital Health Plan has developed the [Nancy Van Vessem, M.D., Center for Healthy Aging](#) which has been recognized as an "Age-Friendly Health System" by The John A. Hartford Foundation and the Institute for Healthcare Improvement. Each hospital and health system that has received the designation commits to the "4Ms": mentation, medications, mobility, and what matters to patients. The center, located in Tallahassee, offers Age-Friendly Primary Care, a Fall Prevention Clinic, a Geriatric Assessment Clinic, a Cognitive Screening Clinic, and other cutting-edge facilities and services.

# FLORIDA HOUSING UNVEILS REDESIGNED AFFORDABLE RENTAL HOUSING LOCATOR

On April 30, 2020, the Florida Housing Finance Corporation (Florida Housing) unveiled the redesign of the statewide online affordable rental housing locator — [FloridaHousingSearch.org](http://FloridaHousingSearch.org). The locator is part of Florida Housing's ongoing effort to respond to affordable rental housing needs in general as well as during disasters. The new design is more user- and mobile-friendly. [FloridaHousingSearch.org](http://FloridaHousingSearch.org) currently allows Florida Housing funded properties, other government subsidized properties, and privately-owned affordable rental

properties to post for free their vacancies. Additional tools include the ability to identify the features and amenities of the property, provide information such as the number of bedrooms and bathrooms, the location (with a map link), rent and deposit requirements, utilities, and much more. Property owners and managers will also be able to update vacancy status immediately as units are being rented. If you are a landlord and would like to register your property to be included on [FloridaHousingSearch.org](http://FloridaHousingSearch.org), please call the toll-free number at 1-877-428-8844.

## HURRICANE PREPAREDNESS KITS TO BE DISTRIBUTED IN BREVARD COUNTY

By John McQuillan, *Livable Communities Coordinator, Florida Department of Elder Affairs*

On June 12, from 8:00 a.m. - 12:00 p.m., Brevard County residents will be able to receive comprehensive hurricane preparedness kits. Each kit includes detailed emergency management guides from the Department of Emergency Management, the Department of Elder Affairs, and various other groups. Other items included are a flashlight, a can opener, a Safe Mobility for Life Guide, an insulated bag to store medication, a waterproof container, and the Vial of Life.

The Vial of Life, a unique device developed by Brevard County Fire Rescue, is a small secure container that stores basic medical and financial information for one person or an entire family. Once all requested information is placed inside the vial, the owner puts the device inside their refrigerator. A green sticker is then placed outside the refrigerator to inform first responders, caregivers,

and other related emergency response groups where to retrieve medical and financial information following a hurricane or medical event.

A total of 200 hurricane preparedness kits will be distributed in four different locations in Brevard County: Hospice of St. Francis in Titusville, Ascension Lutheran Church in Indian Harbour Beach, Palm Bay Police Department in Palm Bay, and the Brevard Alzheimer's Foundation in Melbourne. Residents will be able to remain in their vehicle to receive the hurricane preparedness items. Staff from the Department of Children Families Adult Protective Services, Brevard County TRIAD, Brevard Commission on Aging, and the Brevard Alzheimer's Foundation, will be able to answer any questions at each of the four pickup locations. A letter from Brevard County Commissioner Kristine Isnardi detailing the contents of the kits will also be provided.





## COUNCIL ON HOMELESSNESS

By Florida Department of Children and Families

The Council on Homelessness was created in 2001 to develop policies and recommendations to reduce homelessness in Florida. The Council's mission is to develop and coordinate policy to reduce the prevalence and duration of homelessness and work toward ending homelessness in Florida.

The Council consists of 17 members, representing nine state agency heads or their designees, four members appointed by the Governor, and four members representing statewide organizations and homeless advocacy groups. Recent legislation will now add a 10th state agency to the Council, the Florida Department of Elder Affairs. Through DOEA's inclusion, the Council seeks to better represent and serve our state's homeless older adult population.

UNITED STATES SENATE  
SPECIAL COMMITTEE ON AGING



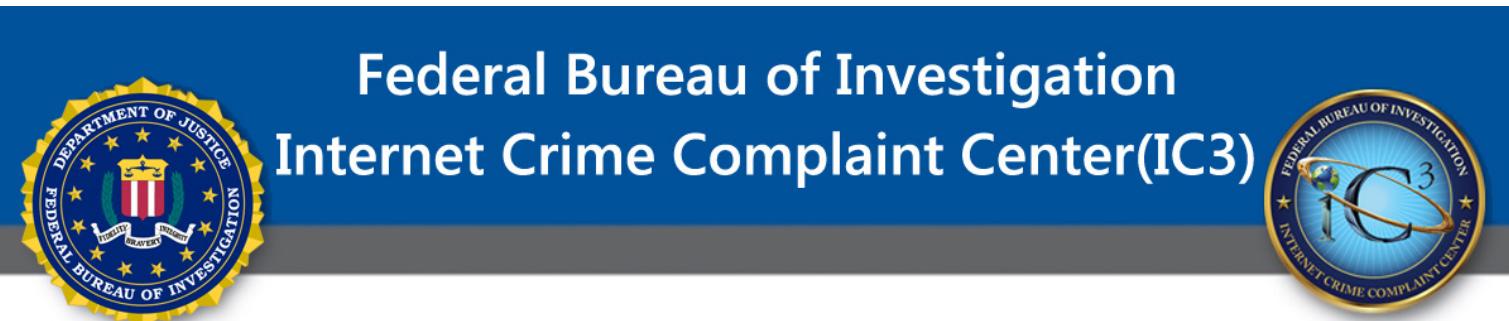
### Fighting Fraud:

Senate Aging Committee Identifies  
Top 10 Scams Targeting Our Nation's Seniors

Senator Susan M. Collins (R-ME), Chairman  
Senator Robert P. Casey, Jr. (D-PA), Ranking Member

## FIGHTING FRAUD BOOK 2020

The United States Senate Special Committee on Aging has released its [annual report](#) detailing the top 10 scams targeted towards seniors in 2019. Along with a thorough list of the most prevalent scams, the report also provides resources and tips to assist our country's older adults to avoid fraudulent operations intended to cause them financial harm.



## INTERNET CRIME COMPLAINT CENTER

The [Internet Crime Complaint Center \(IC3\)](#) is a useful tool for the public to report suspected criminal activity taking place on the Internet to the Federal Bureau of Investigation (FBI). Established in 2003, the IC3 receives complaints regarding

all forms of virtual fraud and other cyber crimes. To report any Internet-facilitated crime, such as identity theft, hacking, money laundering, or extortion to the FBI through IC3, [please click here](#).

# DEVELOP A CARE PLAN

By Centers for Disease Control and Prevention

Community spread of COVID-19 is increasing throughout the United States, and older adults are at higher risk of severe illness and even death associated with this disease. Following Centers for Disease Control and Prevention (CDC) recommended guidance on how to avoid getting sick and what to do in case you get sick is an important step in remaining healthy and helping slow the spread of COVID-19. Additionally, developing a care plan is crucial.

A care plan is a form that summarizes a person's health conditions and current treatments. Many care plans include a summary of health conditions, medications, healthcare providers, emergency contacts, and end-of-life care options (for example, advance directives). People complete their care plans in consultation with their doctor and, if needed, with help from a family member or home nurse aide. To download a fillable care form, [click here](#).

Developing a care plan now can have benefits beyond the current pandemic.

You can update your care plan every year, or any time you have a change in your health or medications to keep the care plan current. Care plans can reduce emergency room visits and hospitalizations, and improve overall medical management for people with a chronic health condition, resulting in better quality of life.

During the COVID-19 pandemic, having a care plan is an important part of emergency preparedness. Visit the [CDC's website](#) for more guidance on how to develop a care plan.



**Help Prevent Virus and Bacteria Spread with NIGHTLY CLEANING**



**Make your own disinfecting solution at home.**

Prepare a bleach solution by mixing:

- 5 tablespoons (1/3rd cup) bleach per gallon of water or
- 4 teaspoons bleach per quart of water

Prepare alcohol solutions with at least 70% alcohol

**KITCHEN**



- Refrigerator handles and doors
- Drawer and cabinet pulls
- All countertops
- Stove including knobs
- Sink including the taps

**GENERAL HOUSEHOLD**



- High traffic common surfaces
- Light switches
- Doorknobs
- TV remote controls
- AC returns

**BATHROOM**



- Toilet including handle
- Sink including the taps
- Light switch
- Doorknobs
- Replace hand towels daily

**ELECTRONICS**



- Computers and mice
- Keyboards
- Tablets
- Phones

Review specific manufacturers recommendations for cleaning.

# DENYING GRAVITY

By SAGES

Please enjoy this recording of the original one-act play on fall prevention, entitled *Denying Gravity*, while we are under the safe-at-home order due to the COVID-19 pandemic and cannot have live performances. The volunteer troupe wants you to benefit from this important safety message, especially since the number one place falls occur is in your home.



# Elder Update

The *Elder Update* is a bi-monthly news publication produced by the Department of Elder Affairs. It is distributed for free to more than 50,000 Floridians including seniors, caregivers, policymakers, and elder-care service providers. To subscribe to the *Elder Update*, fill out our online form at [elderaffairs.state.fl.us/doea/elder\\_update.php](http://elderaffairs.state.fl.us/doea/elder_update.php)

## PANTRY PREP: Stock Up for Emergencies

1. Check to see what food staples you already have and plan your list from there. Don't forget about medical and hygiene supplies.

2. As you make your shopping list, include nutritious, familiar foods your household enjoys. Make sure there is enough food for anyone with special dietary needs.

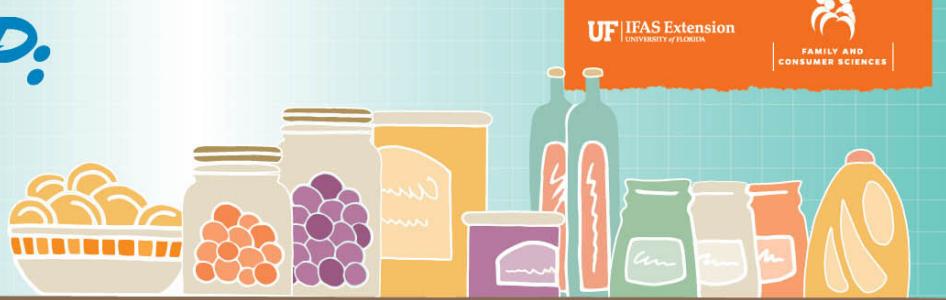
3. Buy enough food and supplies for two weeks at home.

**TIP:** If members of your household will be home more often than your typical routine, your household might need more food than usual.

4. When stocking your pantry, freezer or refrigerator, remember the First In, First Out, (FIFO) principle. Rotate the older items to the front and store the newer ones in the back.

**TIP:** If you transfer items into a different container, mark it with the item's "use by" date to keep your food fresh.

5. Don't overstuff your refrigerator or freezer. This can block the airflow and make the system work harder to keep food at a safe temperature.



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UNIVERSITY OF FLORIDA



FAMILY AND  
CONSUMER SCIENCES

Fresh/ Refrigerated	Frozen	Shelf-stable	Dried	Food Prep and Storage	Medical/ Hygiene
<b>Fruit</b> <ul style="list-style-type: none"> <li>Apples</li> <li>Grapes</li> <li>Oranges/ tangerines</li> <li>Kiwis</li> </ul> <b>Vegetables</b> <ul style="list-style-type: none"> <li>Potatoes, white and sweet</li> <li>Celery</li> <li>Carrots</li> <li>Jicama</li> <li>Onions</li> <li>Hard squash</li> <li>Peppers</li> </ul> <b>Dairy</b> <ul style="list-style-type: none"> <li>Milk</li> <li>Cheese</li> <li>Yogurt</li> <li>Butter/ margarine</li> </ul> <b>Other</b> <ul style="list-style-type: none"> <li>Eggs</li> <li>Deli meat</li> <li>Juice</li> <li>Condiments</li> </ul>	<b>Frozen</b> <p>Think about things that last both unrefrigerated and in the pantry.</p> <p>*Can be bought fresh then frozen at home</p>	<b>Shelf-stable</b> <p>Think about things that last without refrigeration and comes in jars, cans or hermetically sealed packaging.</p>	<b>Dried</b> <p>Think about dried food products used for cooking, baking, grab-and-go snacks or easy meal prep ingredients.</p>	<b>Food Prep and Storage</b> <p>Think about safe food storage.</p>	<b>Medical/ Hygiene</b> <p>Think about what a household needs to stay medically healthy, clean and disinfected. Cleaning removes germs; disinfecting kills germs.</p>
<ul style="list-style-type: none"> <li>Fruit*</li> <li>Vegetables*</li> <li>Seafood*</li> <li>Poultry*</li> <li>Meat*</li> <li>Frozen prepared foods</li> <li>Milk*</li> <li>Bread/bakery items*</li> </ul>	<ul style="list-style-type: none"> <li>Fruit</li> <li>Vegetables</li> <li>Soup</li> <li>Peanut butter</li> <li>Meat</li> <li>Poultry</li> <li>Seafood</li> <li>Cooking oil</li> <li>Condiments</li> <li>Salad dressing</li> <li>Vinegar</li> <li>Juice</li> <li>Milk</li> <li>Baby food/ formula</li> <li>Pet food</li> </ul>	<ul style="list-style-type: none"> <li>Pasta</li> <li>Dried beans (legumes)</li> <li>Grains like rice, flour or cereal/ granola</li> <li>Dried fruits</li> <li>Crackers</li> <li>Snack foods</li> <li>Jerk</li> <li>Waffle/pancake mix</li> <li>Milk</li> <li>Sugar</li> <li>Baking soda</li> <li>Baking powder</li> <li>Cornstarch</li> <li>Coffee/tea</li> <li>Cocoa</li> <li>Dried herbs and spices</li> <li>Salt</li> </ul>	<ul style="list-style-type: none"> <li>Aluminum foil</li> <li>Parchment paper</li> <li>Plastic wrap</li> <li>Wax paper</li> <li>Zipper close bags</li> <li>Reusable containers</li> </ul>	<ul style="list-style-type: none"> <li>Prescriptions</li> <li>Prescribed medical supplies</li> <li>Soap/hand sanitizer</li> <li>Paper products (tissues, toilet paper, diapers)</li> <li>Over the counter medicine (aspirin, cough syrup)</li> <li>Thermometer</li> <li>Vitamins</li> <li>Electrolyte supplements</li> </ul>	



**Remember:** Stock up on what you need, but don't overbuy. This helps ensure everyone can get what they need.

# USFSP STUDENTS HELP SENIORS COMBAT ISOLATION DURING PANDEMIC THROUGH TELE-PALS

By Andrew Harlan, Editor of *ilovetheburg.com*

Senior citizens in St. Petersburg living on their own may be struggling during this time of quarantine and isolation. Students at the University of South Florida – St. Petersburg are looking to help those residents in their time of need. The program, called St. Pete Friends, offers an opportunity for community members and students to connect via phone, video chat, or even traditional letters to talk about their current experiences with social distancing, hear about another person's life, and share a much-needed laugh.

"As a public university campus anchored in St. Petersburg and our region, we always look for ways to serve people, and this is another example of doing so during a difficult time," said Martin Tadlock, regional chancellor of USF St. Petersburg. "Plus, as an older citizen myself, there is value in building stronger connections across generations, as college students have a lot to learn from their older neighbors and our older neighbors have a lot to learn from today's college students."

Seniors in St. Petersburg living on their own, including USF alumni, can sign up to be a part of the program and receive companion calls from a USF St. Petersburg student through the [Seniors In Service Tele-Pals Program](#). In the online application, please designate "Referred by USF St. Petersburg" in order to be paired with a USFSP student.



"There is a real need for connection right now, as many in our community isolate. We hope this can help people out and form new relationships during this tough time," said Caryn Nesmith, who oversees special projects at USF St. Petersburg and is coordinating this new initiative.

## Elsewhere in St. Petersburg

The City of St. Petersburg has launched a similar initiative. [The Call from City Hall](#) lets you sign up to chat with officials from the City of St. Petersburg.

[Tombolo Books](#), a locally owned Indie Bookstore in the Grand Central District of St. Petersburg, is also looking to help senior citizens in the Sunshine City. During the coronavirus quarantine, the bookstore is sending large print books to nursing homes in St. Petersburg. You may make a donation for local seniors by typing "donate" in the comments line of your online order.

# HOSPICE VOLUNTEERS SEW MASKS FOR SOLDIERS

By Hope Healthcare

Twenty-four Floridian soldiers sent thanks to Hope Hospice volunteers who sewed camouflage masks and delivered them to the 164th ADA BDE Florida National Guard in Anspach, Germany. Holding the "thank you" sign is Major Rob Sheehan (pictured right), who shared a request for homemade personal protective equipment with his father, who works for Hope. With all available PPE assigned to medical units, the masks will provide peace of mind for this traveling unit and everyone they encounter.



# HOPE PARKINSON PROGRAM OFFERS NEW TELECONFERENCE SUPPORT GROUPS

By *Hope Healthcare*

Each April, the Hope Parkinson Program commemorates Parkinson's Awareness Month as a highlight of its robust, year-round schedule that provides education, socialization, and support to more than 2,000 active participants.

While Hope Healthcare, which serves Southwest Florida, has postponed regularly scheduled events as part of the safeguards recommended by the Centers for Disease Control

and the Florida Department of Health to reduce the potential for the COVID-19 virus to impact our community, Hope Parkinson Program is continuing the connection and inspiring participants through regular emails, social media updates, and new teleconference support groups.

"Since its inception in 2009, a goal of our Parkinson Program has been to use the power of community to bring people together to share their experiences," said Samira K. Beckwith,

President and CEO of Hope Healthcare. "Although they are not able to gather in person, the participants can still benefit from the connections and support of our caring PD community."

The teleconference support groups have helped connect members to available resources in an effort to manage COVID-19 anxiety. For more information, please contact Michelle Martin, Hope Parkinson Program Manager, at 239.985.7727 or [Michelle.Martin@hopehcs.org](mailto:Michelle.Martin@hopehcs.org).



## VOLUNTEERS SPREAD CHEER WITH PET PARADE

By *Hope Healthcare*

More than a dozen Hope Hospice volunteers – and their dogs – spread cheer to Hope's patients, family, and staff during a festive Pet Parade around the grounds of Hope's Fort Myers Care Center. Hope Healthcare President and CEO Samira Beckwith thanked the volunteers for what they do every day at Hope, and explained why events like this are especially important for those in Hope's care. "People in our care and their families really need the opportunity to smile and to laugh," said Beckwith. "Watching the parade of dedicated Hope volunteers with their uplifting signs and adorable pets provided some much-needed joy."

Lehigh resident Geri English, who has volunteered with Hope for nearly four years, said she takes her rescue pug, Lilly, with her on visits to Hope's Lehigh Care Center and on weekend home visits. A Navy veteran, English also helps with Hope's VALOR program, where volunteers can use their strengths to help out in different ways. "It's a great way to do something special for others," said English.

Hope Healthcare is a not-for-profit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, call 239-482-4673 or visit [www.HopeHCS.org](http://www.HopeHCS.org).



# WORLD ELDER ABUSE AWARENESS DAY

For more information about this year's statewide events, contact Allison Bryant by phone at 850-414-2072 or by email at [bryanta@elderaffairs.org](mailto:bryanta@elderaffairs.org).

## Month of June

**Planning & Service Area 3**  
World Elder Abuse Bus Ad  
Gainesville Regional Transit

**Planning & Service Area 3**  
Ask Me Anything:  
WEAAD Series Weekly Q & A  
via Facebook

## June 9th

**Planning & Service Area 1**  
World Elder Abuse Awareness Day Event: Paint the Bridge  
Starting at 4:30 a.m.  
17th Avenue at Bayfront  
Pensacola, FL 32502

## June 10th

**Planning & Service Area 8**  
World Elder Abuse Awareness Day Recognition  
10:30 a.m. - 1:30 p.m.  
All Faiths Food Bank  
Desoto Food & Resource Center  
1021 E. Oak St.  
Arcadia, FL 34266

## Planning & Service Area 10

“Everything You Need to Know About Adult Abuse, Neglect, and Exploitation & Resources in Broward County”  
Online Seminar  
10 a.m.  
Virtual event via Facebook

## June 12th

**Planning & Service Area 8**  
World Elder Abuse Awareness Day Recognition  
10 a.m. - 1p.m.  
SWFL Military Museum & Library  
4820 Leonard St.  
Cape Coral, FL 33904

## June 15th

**Planning & Service Area 3**  
Virtual World Elder Abuse Awareness Day Event  
10 a.m. - 11:30 a.m.  
Facebook Live: WEAAD Event

**Planning & Service Area 4**  
“Elder Abuse – It’s More than Just Scams” Virtual Zoom Event  
12:00 p.m. - 1:30 p.m.  
For more information visit [myeldersource.org](http://myeldersource.org)

**Planning & Service Area 6**  
World Elder Abuse Awareness Day Zoom Event  
10 a.m. - 11:30 a.m.  
1. Go to [zoom.us](https://zoom.us)  
2. Click “Join Meeting”  
3. Enter “831 6985 1009”

**Planning & Service Area 7**  
Virtual WEAAD Event  
Details TBA

**Planning & Service Area 8**  
World Elder Abuse Awareness Day Recognition  
10:00 a.m. - 3:00 p.m.  
Sarasota Friendship Center  
1888 Brother Greenen Way  
Sarasota, FL 34236

## June 16th

**Planning & Service Area 5**  
“Protecting Older Adults From Fraud and Financial Scams”  
Virtual Lunch and Learn  
12:30 p.m. - 1:30 p.m.  
[facebook.com/agingcarefl](https://facebook.com/agingcarefl)

## Planning & Service Area 9

Virtual Bagels and Brains:  
Financial Institutions Fighting Fraud  
8:30 a.m. - 10:00 a.m.  
Online:  
[global.gotomeeting.com/join/706768277](https://global.gotomeeting.com/join/706768277)

By phone:  
USA (Toll Free): 1 877 568 4106  
USA: +1 (312) 757-3129  
Access Code: 706-768-277

## June 17th

**Planning & Service Area 1**  
Building Strong Support for Elders Zoom Event  
10:00 a.m. - 11:00 a.m.  
Call to make reservation at 1-850-494-7100

**Planning & Service Area 2**  
World Elder Abuse Awareness Day Virtual Fraud Presentation  
8:30 a.m. - 9:30 a.m.  
Advantage Aging Solutions - GoToMeeting

## Date and Time TBD

**Planning & Service Area 11**  
WEAAD Facebook Live Event